

Adore You Socks

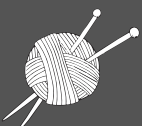
Designed by Maytina Shank

These socks are a great introduction to sock knitting. Very simple with a cute contrasting cuff, heel and toe. Worked up in fingering weight yarn, this pattern can be followed with DPNs and long or short circular needles as well.

There is also a matching beginner dog sweater pattern to go with this one!



Sample in 80/20 sock, in size M



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Skill Level – Beginner

Materials:

- fingering weight yarn
- circular needles
- DPNs
- measuring tape
- spare needle or stitch holder
- stitch markers
- darning needle

Techniques:

- long tail cast on
- increasing
- decreasing
- knitting flat
- knitting in the round
- picking up sts

Suggested Needles*:

- US size 2 / 2.75mm circular needles or DPNs
- US size 2 / 2.75mm for heel

Gauge:

- 40 sts per 4", stockinette in the round
**9" circulars or 36"-40" circulars for magic loop knitting*

Suggested Yarn:

Any fingering weight yarn. The simple pattern makes hand painted sock yarn really shine!

Yardage:

Main colour:

400 yards / 366 m or less

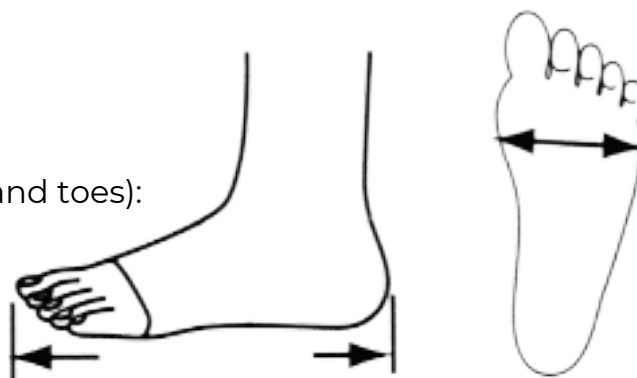
Contrast colour (total for cuffs, heels and toes):

50 yards / 46 m or less

Sizes:

S, (M, L) to fit a foot measurement of;
7" / 17.75cm, (8" / 20.25cm, 9" / 22.75cm)

Length is custom, just keep knitting. :)



Abbreviations:

CO - cast on

K - knit

P - purl

Sts - stitches

Sl - slip stitch

PW - purlwise, slip the stitch as if you're purling

SSK - slip, slip, knit

(slip two sts, k them together)

Rep - repeat

MC - main colour

CC - contrast color

BO - bind off

Pm - place marker

Sm - slip marker

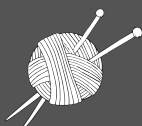
p2tog - purl 2 stitches together

k2tog - knit 2 stitches together

BOR - beginning of row/round

Construction Notes:

These socks are knit top down, with a heel flap, a rounded toe and a contrasting cuff, heel and toe.



Begin Pattern:

Using CC, with US size 2 / 2.75mm circular needles or DPNs, CO 56, (64, 72) sts, join to work in the round, being careful not to twist. If using DPNs, arrange your sts so there are an equal number on each needle. If using magic loop method, arrange so you have half on each side. If using 9" circulars, no need for arranging.

[k2, p2] to end.

Repeat for 10 rounds.

Cut CC yarn.

Join MC yarn, knit every stitch until leg is as long as desired. Sample socks pictured have a 3.5" leg. Cut MC yarn.

Work Heel Flap:

Heel flap is worked flat on half your stitches. Arrange your stitches so you have 28, (32, 36) sts on one needle (half your total stitch count). If using 9" circulars, move the first half onto a DPN and leave the rest on the circular.

Join CC yarn.

Row 1 (RS): [Sl1pw, k1] to end

Row 2 (WS): [Sl1pw, p1] to end

Repeat these two rows 13, (15, 17) times or until heel flap is desired length.

Turning the Heel:

Note: when you 'turn the work' there will be unworked stitches on the left needle, that is correct, they will be worked over the course of this heel turn.

Row 1 (RS): sl1, k 14, (16, 18), ssk, k1 turn work

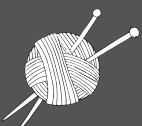
Row 2(WS): sl1, p3, p2tog, p1, turn work

Row 3: sl1, k4, ssk, k1, turn work

Row 4: sl1, p5, p2tog, p1, turn

Continue in this pattern, skipping the first stitch, knitting or purling to one stitch before the gap, closing the gap with a ssk or p2tog, working one more stitch and turning the work. Continue until all your heel flap stitches have been worked, so there are no more gaps to close. Cut CC yarn.

You now have 17, (19, 21) sts on your heel needle.



Picking Up and Decreasing the Gusset:

Your BOR is now the center of your heel sts, pm at the halfway point of these stitches.

For DPNs:

If you are using DPNs, you'll have half of your heel sts on needle 1, your held sts that are for the top of the foot on needle 2, and the other half of your heel sts on needle 3. Join the MC yarn, knit from BOR marker to side of heel flap, using the same needle, pick up and knit one st in each of the slipped sts along the first side of the heel flap. Using needle 2, knit across the held top of foot sts. Using a new needle, pick up and knit one st in each of the slipped sts along the second side of the heel flap, then continue knitting across the bottom of heel sts until you reach your BOR marker, this is needle 3.

For 9" circulars:

If you are using a 9" circular, it is a little easier to use DPNs to help in this next step.

Join MC yarn, knit from BOR marker to side of heel flap. Pick up and knit one st in each of the slipped sts along the first side of the heel flap. This is your instep, pm to indicate for decreases next round. Knit across the held sts that were not worked while you worked the heel flap. The end of these sts is your other instep, pm to indicate for decreases next round. Pick up and knit one st in each of the slipped sts along the second side of the heel flap, continue knitting across the bottom of heel sts until you reach your BOR marker.

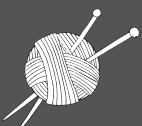
You are now working in the round again, and will work decrease rounds alternating with regular knit rounds until your stitch count is the same as your original cast on count.

Round 1: k to 3 sts before instep marker / end of needle 1, k2tog, k1, sm, k1, ssk, k to 3 sts before the next instep marker / end of needle 2, k2tog, k1, sm, ssk, k to end of round. *If using DPNs you will not have st markers to slip.*

Round 2: knit.

Repeat these two rounds until you have 56, (64, 72) sts.

Once you've finished decreasing the gusset sts, knit until foot of sock is about 1" / 3cm from desired length (to make room for the toe).



Toe Decreases:

Cut MC yarn, join CC yarn.

K 1 round, placing decrease markers at 14, (16, 18) and at 42, (48, 54) so your toe decreases are even.

Round 1: k to 3 sts before decrease marker, k2tog, k1, sm, k1, ssk, k to 3 sts before the next decrease marke, k2otg, k1, sm, ssk, k to end of round.

Round 2: knit.

Rep these two rounds until you have 16, (20, 24) sts.

To close the toe, use kitchener stitch to graft it. This is a very helpful video from Purl Soho to walk you through it: <https://www.youtube.com/watch?v=-nIWKvrGp-4>

Weave in your ends, and block to finish!



Helpful Videos:

Long Tail Cast On - <https://tinyurl.com/long-tail-co>

Picking Up Gusset Stitches - <https://tinyurl.com/gusset-pickup> (shown using magic loop method, but handy for any method)

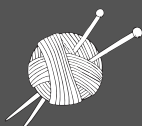
Pattern Support:

If you get stuck, or have any questions about this pattern, reach out!

Email: may@mrsshank.ca

Instagram: [@mrsshankknits](https://www.instagram.com/mrsshankknits)

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